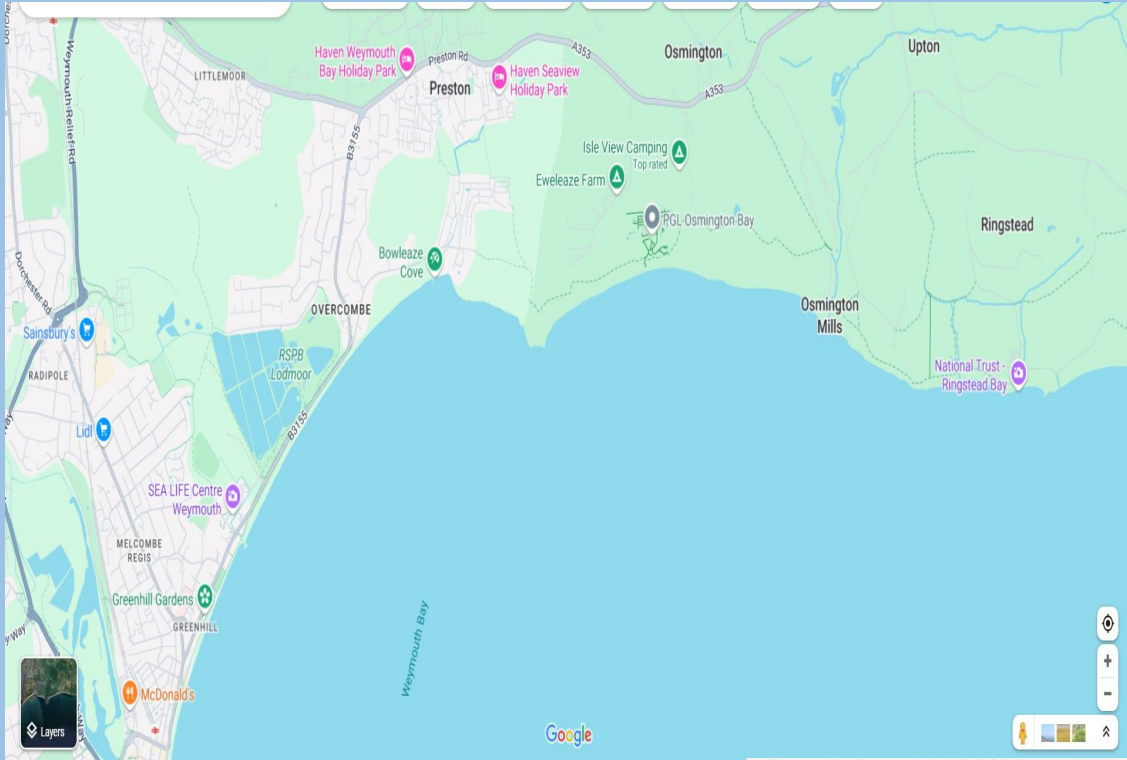


PGL 2026

Parents' Meeting



Location - Osmington Bay (Weymouth)



Dates

Friday 3rd July - leave for PGL

Monday 6th July - return from PGL

Tuesday 7th and Wednesday 8th - children not in school as payback for their weekend away

Thursday 9th July - children visit their secondary school for a transition day

Friday 10th July - children return to school

Staffing

Mrs Barton

Mrs Abraham

Miss Clark

Mr Kaal

Miss Harrison

Mr Waller

Mrs Aristidou

Mrs Clark

Mrs Tsourou

Miss Page

Mr Ladyman

Mrs Moore

What Friday 3rd July will look like

- Children come to school at 10am and should come straight to the hall via the side doors. Please ensure they have eaten a good breakfast! Please say main goodbye before children come into the hall. Children to wear their PE uniform with either their school jumper / cardigan / leavers hoodie
- Luggage – ONE suitcase and one carry on rucksack with their lunch and water bottle in. Lunch in a disposable bag please.
- We aim to leave no later than 11am – if you wish to wave your child off, you may wait on Elm Drive/Cadmore Lane.
- Scheduled stop at Winchester Services where we will eat lunch.
- Children will need a packed lunch to eat during our scheduled stop half-way through the journey. (NO food or drink to be consumed on the coach other than plain water).
- We make one toilet stop on the way and arrive at Osmington at roughly 4pm.
- Children can bring books or sensible activities to occupy them on the coach.
- NO ELECTRONICS
- For privacy and safeguarding reasons, no air tags or tracking devices are permitted on this trip.

First day at PGL

- Check in on arrival
- When ready they will give us the keys to our accommodation
- Children will then be told who they are sharing a room with
- Children go in to their rooms – usually they have to make their beds
- We meet our PGL guide who tells us our timings
- The children will get a tour of the site
- Possibly A little bit of downtime
- Dinner
- Evening activity
- Down time in rooms
- Bedtime

A full day at PGL

07:00	Your Group Leader will wake you up so that you can get up and get ready for the day ahead.
08:00	Off to the dining room with the rest of your group to fuel up for the day, you'll need plenty of energy to keep you going. Breakfast includes cereals, toast, yogurts, porridge, and cooked breakfast – you choose! Don't forget to refill your drinks bottle before you head off to your first activity.
09:15 Session 1	Activity One
10:45	Break. Catch your breath and have a quick drink before your next session.
11:00 Session 2	Activity Two
12:30- 14:00	Worked up an appetite? Great – it's time to replenish your energy stores with the dining room. If you have energy to spare after lunch your Group Leader will always be ready for a quick kickabout with a ball or you could relax and chat with your new friends.
14:15 Session 3	Activity Three
15:45- 16:00	A chance for a breather and a drink before your Groupie takes you to your next activity.
16:00 Session 4	Activity Four
18:00	Time to eat again – a different menu each day, (and did we mention, evening meals come with a hot pudding too – or you can stick with fruit if you prefer).
19:00	Talent shows, campfires, quizzes and much more – your evening entertainment programme gives you the chance to get together with everyone else in your age group and have some laughs.
21:00- 22:30	Bedtime. The younger ones go first whilst older groups have time to chill out and chat or watch a DVD. Then it's lights out and time to sleep ready to do it all over again tomorrow!

Last day at PGL

- Children go to breakfast
- Take all bedding off the beds
- Last few things packed away
- Activity 1 and 2
- Have lunch
- Start the return journey home
- Quick stop at services for toilet break
- Aim to return to school by 6pm-6:30pm
- Pick up will be from the small playground near the main office

Accommodation

- The rooms will be single sex rooms. Each room has 2 sets of bunk beds (4 beds in total) and there is an ensuite in each room.
- Children will have the option of writing a list of up to 4 children they would be happy to share with – children can choose children from any of the 3 classes.
- Staff will collate the choices and we will ensure that every child gets at least one child from their list.
- Children will be informed about their rooms on arrival to PGL.
- Rooms for staff will be spaced out amongst the children's rooms.

Bedtimes

- We aim to get the children in their rooms by 9.30pm
- Lights out and quiet by around 10pm.
- This is late for most of the children and we will insist on them being quiet and trying to sleep.
- Children need to stay in their rooms until we wake them up the next morning, unless there is an emergency.
- They will know where our rooms are.
- Wake up time will probably be between 7-7.30am, depending on the time that we are allocated for breakfast.

Packing

- One suitcase and one carry on rucksack ONLY – please ensure your child knows what is in their suitcase.
- Kit list included in your pack.
- Children will need long sleeved tops and full length bottoms for most of the activities. One disco outfit.
- Named water bottle. Sun cream and a sun hat.
- Do not buy new clothes for them to wear, their clothes will get very dirty and old clothes are best.
- No jewellery (except non-smart watches and stud earrings).
- Toiletries – to brush teeth, shower.
- Roll on deodorant only (spray-cans often set off the fire alarms!).
- Games to play in the room – cards, uno, notebook, pen etc.
- Absolutely no electronics.
- Pack your child a suitable snack that they can have each day. Children do not need multiple packets of sweets, crisps and chocolate. They get three full meals and unlimited fruit and salad throughout the day.
- **NAME EVERYTHING!**

Food

BREAKFAST							
Sausages	Sausages	Sausages	Sausages	Sausages	Sausages	Sausages	Sausages
Bacon	Bacon	Bacon	Bacon	Bacon	Bacon	Bacon	Bacon
Beans	Beans	Beans	Beans	Beans	Beans	Beans	Beans
Vegan Cumberland (ve)	Vegan Cumberland (ve)	Vegan Cumberland (ve)	Vegan Cumberland (ve)	Vegan Cumberland (ve)	Vegan Cumberland (ve)	Vegan Cumberland (ve)	Vegan Cumberland (ve)
Hash Browns	Mushrooms	Hash Browns	Mushrooms	Hash Browns	Mushrooms	Hash Browns	Hash Browns
Available every day: Choice of Cooked & Continental Breakfast Continental Options - Porridge, Selection of Cereals, Assorted Yoghurts & White or Brown Toast & Jam							
LUNCH							
Pizza	Pasta	Hot Dog	Hot Sandwich	Burger	Tacos & Fajitas	Roast Dinner	
Choices:	Choices:	Choices:	Choices:	Choices:	Choices:	Choices:	
Pepperoni	Mac 'N' Cheese (v)	Pork Hot Dog	Ham & Cheese Baguette	Beef Burger	Chicken	Roast Beef	
Margherita (v)	Plant-based Bolognese (ve)	Plant-based Hot Dog (ve)	Meatball Baguette (ve)	Plant-based Burger (ve)	Plant-based (ve)	Vegan Sausage Rolls (ve)	
Vegan Margherita (ve)	Tomato & Basil (ve)	Sides:	Fish Finger Sandwich	Sides:	Soft Wrap	Sides:	
Sides:	Sides:	Onions, Skinny Fries	Sides:	Cheese, Tomato Relish, Onions, Curly Fries	Crispy Shell	Carrots, Broccoli, Peas, Yorkshire Pudding, Roast Potatoes, Gravy	
Potato Wedges	Garlic Bread		Crisps		Sides:		
					Salsa, Tortilla Chips		
Available every day: Homemade Soup of the Day or Tomato Soup & Bread Roll Classic Sandwiches - Ham, Tuna Mayo or Cheese							
DINNER							
Piri Piri Chicken	Bangers & Mash	Meatball Lasagne	Bacon Mac 'N' Cheese	Fish & Chips	Fried Chicken	Sweet Chilli Chicken	
Tuna Pasta Bake	Chicken Chow Mein	Cod Goujons	Chicken Kiev	Chicken Katsu Curry	Pulled Pork Filled	Fish Fingers	
Spaghetti & Meatballs (ve)	Sausage & Bean Stew (ve)	Plant-based	Vegetable Curry (ve)	Vegan Fish Fingers (ve)	Yorkshire Pudding	Butternut Squash	
Sides:	Sides:	Shepherd's Pie (ve)	Sides:	Sides:	Spaghetti Bolognese (ve)	Wellington (ve)	
Curly Fries, Baby Corn, Green Beans	Mashed Potato, Broccoli, Green Beans, Gravy	Sides:	New Potatoes, Rice, Mangetout, Carrots	Skinny Fries, Rice, Peas, Carrots	Sides:	Potato Wedges, Country Vegetables, Green Beans	
Spaghetti	Penne Pasta	Garlic Bread, New Potatoes, Country Vegetables, Broccoli	Penne Pasta	Penne Pasta	Mashed Potato*, Curly Fries, Broccoli, Baby Corn, Gravy*	Sides:	
Served with:	Served with:	Penne Pasta	Served with:	Served with:	Spaghetti	Penne Pasta	
Tomato Sauce, Grated Cheese	Cheese Sauce, Grated Cheese	Served with:	Cheese Sauce, Grated Cheese	Cheese Sauce, Grated Cheese	Served with:	Cheese Sauce, Grated Cheese	
Chocolate Fudge Cake with Ice Cream	Sticky Toffee Sponge Cake with Ice Cream	Tomato Sauce, Grated Cheese	Apple Crumble with Custard	Chocolate Eclairs	Tomato Sauce, Grated Cheese	Chocolate Brownies	
Available every day: Dessert - Classic Fruit Salad		Chocolate Crispy Cake			Belgian Waffles with Ice Cream		

This is may not be the exact menu

Activities

- We will be doing lots of exciting activities.
- These are all properly supervised by the PGL staff and a member of our staff.
- For most activities, children have a harness on.
- Children will be put into activity groups – this is be about 10-12 children – each group will be led by a least one member of our school staff.
- We will be encouraging the children to take part and try to do as many of the activities as possible.
- As on previous trips, the children have always felt a great sense of achievement from pushing themselves just that little bit further and achieving something that they never thought they would be able to do.

Behaviour

- We aim for the children to have lots of fun while they are away, but we do need to ensure they are safe at all times.
- Where we can, we will follow our school behaviour policy while away – this may mean children miss activities if they are not making the correct behaviour choices.
- We expect the children to follow our school values even when we are away – being kind, being respectful, being the best that they can be.
- One thing we will be clear about is that children are not allowed to be going in and out of each others rooms. When it is downtime or bedtime, children will be expected to be in their allocated rooms.
- We do not like to say it but we must, if a child continuously makes the wrong choices then their parents/carers may be called to come and collect their child from Osmington Bay.
- Again we must reiterate, as we did in the original PGL meeting, if we have concerns around your child's behaviour at school then we may have to come to the decision that your child is not permitted to attend the residential. This decision can be made anytime up until we are due to go.

Communication

- We will use Instagram to inform parents about our arrival and departure from PGL. We may also text or email.
- We will keep you updated with an ETA when returning home.
- The school instagram will show a SMALL selection of pictures daily – please do not panic if you do not see your child, some are more camera shy than others.
- Wifi is very weak at PGL so we will try our best to get as much on when we can but this will only be once a day. The Wifi is usually better in the rooms so we may not be able to upload until we return back to rooms properly in the evenings.
- I am sure you can understand, our main priority is to be with the children to ensure they are safe and happy.
- In emergency situations, you should contact the school during office hours.
- After office hours, we can be contacted on the school mobile (the number will be texted to parents closer to the time). Please DO NOT contact PGL directly.

Medicines

- Everyone has forms in your pack to inform us about any medication your child will require during our trip.
- For us to administer any medication, we will need written instructions and a signed consent form. We do not need this for medication we already hold in school.
- All medication needs to be handed in to us between Monday 29th June and Thursday 2nd July, unless you need the medication until the day we travel. If this is the case, please hand in medication by 9.30am on Friday 3rd July.
- We will be taking ibuprofen, paracetamol and antihistamine.
- If your child has extensive medical needs, we will arrange a meeting to discuss medical requirements
- Miss Clark will be responsible for medications and administering them. Medication will be locked away where needed.

What we need from you

- There is a pack going from with each child.
- The following documents needs returning to us by **Thursday 25th June** in the same envelope that they were sent out in:
 - PGL consent form
 - Additional information form
 - £10 pocket money in a named envelope
 - A letter to your child. Try to keep this a secret from your child, as we like to surprise them with the letter during the week. Please think carefully about what you say in the letters as we don't want them to feel too homesick!
 - If your child requires medicine during the trip, we will need the administration form completed for EACH medicine
- Any required medication handed in between Monday 29th June and Thursday 2nd July.

Any other questions?