## **Subject: Physical Education**

## <u>Intent</u> (What is taught)

- Our aim is to develop children's skills as well as foster a positive attitude and interest in a wide range of physical activities in addition to promoting a healthy lifestyle.
- We aim to build children's confidence and self-esteem whilst developing social skills through teamwork and collaboration.
- Through our PE sessions we aid a child's physical development though targeting; strength fitness, speed, gross and fine motor skills.
- We contribute to their intellectual development through the teaching of key vocabulary, using resources and discussing how they can develop their skills.
- We teach all strands of the National Curriculum, providing children with a wide variety of experiences in different sports in order to gain the key skills they need.
- We provide opportunities for children to demonstrate their sporting ability in both competitive and non-competitive environments.
- Skills have been mapped out across Year 3-6 showing clear progression each year.
- Children are taught the importance of warming up and stretching which is done at the beginning of every session, as well as cooling down.
- Children are informed of the importance of a healthy, balanced diet alongside daily exercise. They are aware of the impact this has on our bodies and the variety of health benefits.

## Implementation (How it is taught/Why?)

- PE is taught for 2 hours every week, usually two separate sessions.
- Active learning is encouraged within all other subject areas
- The whole school usually participates in the Daily mile, which we do for 10 minutes every day. This has been put on hold this year due to Covid but classes get out when they can individually for daily exercise.
- Planning for PE is differentiated and varied, giving all children the opportunity to succeed in every session. Children are supported and challenged in all strands of the PE Curriculum.
- Teachers are confidently using Get Set 4 PE to teach PE as well as assessing after each unit.
- Last year, I gained my Level 5 Certificate in Primary School Physical Education Specialism.
   I have passed my learning onto teachers to upskill them in the varied PE Curriculum strands as necessary.
- Assessment for learning in ongoing and informs next steps.

## Impact (How do we know if children have learned what we wanted)

- Children should be enjoying PE sessions, learning new skills and becoming more active. They should be encouraged to attend more clubs, as PE sessions should spark new interests. Our high interest in lunch and after school clubs shows this has had an impact.
- The children are getting a broad and balanced PE curriculum incorporating all six strands effectively. The time spent on these may vary depending on the needs of the class. Skills will be built upon previous learning, SEN children supported throughout and able pupils challenged appropriately.
- Teachers feel confident in delivering the PE curriculum. They feel empowered to spend as long as their class needs on the different strands ensuring all children achieve and progress. CPD is available for all teachers where necessary; courses and observing the sports lead teach sessions. Teachers are able to deliver high quality PE enabling all children to become physically literate.

- We use Get Set 4 PE when planning our PE sessions. Teachers have the flexibility to adapt these to suit their class. They can spend as much time as they need on covering the objectives within the units, depending on the needs of the children.
- We ensure that all strands of the National Curriculum are being covered across Key Stage 2 to a high standard. (Currently games and gymnastics skills are being taught really well, focus now needs to be on dance and OAA)
- Our sports coach teaches PE on a two- week rota to every class. He
  has a clear picture of children's ability, needs and progression to
  move them forward in their learning and liaises with teachers as
  necessary.
- All teachers teach a session of PE weekly. Continued professional development (CPD) is offered to all teachers; in terms of courses or an opportunity to observe the sports lead teaching their class on areas they would like support on. Currently teachers are having CPD in cricket from Chance to Shine.
- We have adopted a flexible and adaptable curriculum map, alongside ongoing assessment. Teachers are able to cover areas that their children need to improve and master, spending as long as they need on each area to move all children forward in their learning.
- Assessment for learning is ongoing throughout PE sessions and teachers use this to inform their planning and teaching for individuals as well as the whole class.

- Teachers use Get Set 4 PE as a basis for their sessions and coverage of the curriculum. This can be adapted for their class and the time taken on each unit can be as long as it needs to be. Assessment should inform planning for individuals and groups of children, as well as providing a basis to see where children are at the end of each term.
- Children feel they achieve at their own level in PE sessions- we know this through pupil voice.
- Assessment for learning shows teaching is adapted to suit the needs of the children so that every child progresses and achieves at their own level.