

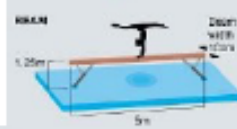

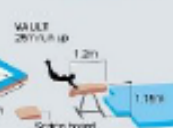
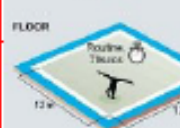
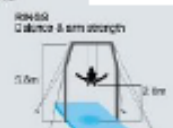


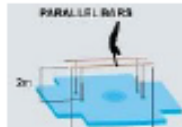
















Year 6 Gymnastics Knowledge Organiser

Key Knowledge Learn these key facts		Key Vocabulary Understand these key words	Event Focus																
<div><div>Symmetrical</div></div> <div><div>Asymmetrical</div></div>		<table><tr><th>Word</th><th>Definition</th></tr><tr><td>Symmetrical</td><td>A body shape that is the same on both sides of the centre line</td></tr><tr><td>Asymmetrical</td><td>A body shapes that is different on both sides of the centre line.</td></tr><tr><td>Counter Balance</td><td>A partner / group balance using a pushing force against each other to remain still.</td></tr><tr><td>Counter Tension</td><td>A partner / group balance using a pulling force away from each other to remain still.</td></tr><tr><td>Contrasting</td><td>Different movements or shapes within a sequence or to a partner.</td></tr><tr><td>Compose</td><td>Create a routine to fit a piece of music.</td></tr><tr><td>Forces</td><td>Pushing or pulling together or against a partner or piece of apparatus.</td></tr></table>	Word	Definition	Symmetrical	A body shape that is the same on both sides of the centre line	Asymmetrical	A body shapes that is different on both sides of the centre line.	Counter Balance	A partner / group balance using a pushing force against each other to remain still.	Counter Tension	A partner / group balance using a pulling force away from each other to remain still.	Contrasting	Different movements or shapes within a sequence or to a partner.	Compose	Create a routine to fit a piece of music.	Forces	Pushing or pulling together or against a partner or piece of apparatus.	<div><div>Women:</div></div> <div><div>Men:</div></div>
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<div>Partner Balances</div> <div><div><div>COUNTER TENSION</div><div><div>Bronze</div></div><div><div>Silver</div></div><div><div>Gold</div></div></div><div><div>Bronze</div></div><div><div>Silver</div></div><div><div>Gold</div></div></div> <div><div>COUNTER BALANCE</div><div><div>Bronze</div></div><div><div>Silver</div></div><div><div>Gold</div></div></div> <div><div>Bronze</div></div> <div><div>Silver</div></div> <div><div>Gold</div></div> <div></div>																			