



Monday 4<sup>th</sup> September 2023

## Swimming Lessons for Aspen Class

Dear Parents & Carers of Aspen Class,

As part of our PE curriculum, our Year 5 children have the opportunity to have swimming lessons. Due to the Laura Trott Centre only allowing us to bring 30 children at a time, we will be taking one class at a time, starting with Aspen Class.

The lessons will take place at The Laura Trott Leisure Centre on Thursdays between 11.00 and 11.30. The children will be in the pool for 30 minutes. The children will be split into groups. These groups will reflect the ability and the confidence of each child and be determined by the swimming instructors.

Children will be walking to and from the pool each week so please ensure they have the relevant clothing and footwear according to the weather. As Thursday is a PE day, children will need to wear their PE uniform as normal and bring their swimming kit in a bag.

The children will need to bring suitable swimwear and will require the following things:

- Girls - one-piece swim suits
- Boys - swimming trunks/jammers (not long beachwear)
- A towel
- A hat (this is compulsory for everyone)
- Long hair must be tied back on these days and earrings removed
- Optional – goggles

### **Swimming for Aspen class will take place on the following dates:**

Autumn 1: Thursday 14<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup> of September and 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup> of October (6 sessions)

Autumn 2: Thursday 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup>, 30<sup>th</sup> of November and 7<sup>th</sup> of December (6 sessions)

**12 sessions in total.**

Under guidance from the Department for Education, it states that swimming is a statutory part of the curriculum in Primary Schools and therefore all children need to participate in these swimming lessons. The swimming lesson will be one of the children's PE lessons each week.

The cost charged by The Laura Trott Leisure Centre of each half an hour swimming lesson is £2.90 per child, which is considerably lower than the normal price of lessons at The Laura Trott Leisure Centre.

We are therefore asking parents for a voluntary contribution for the 12 sessions of £34.80.



**What you need to do to ensure your child can go swimming:**

**1. Log onto your Arbor App and give consent for your child to attend the swimming lessons by Tuesday 12<sup>th</sup> September 2023. We will not be able to take your child if we do not have consent to do so.**

**2. Please make payment of £34.80 on the Arbor App. We will leave the payment option open until October half term for you to make the payment.**

If you have any questions or queries, please do not hesitate to contact us via email on: [sport@brooklandjm.herts.sch.uk](mailto:sport@brooklandjm.herts.sch.uk)

Kind regards,

*D.Bloomfield*

Mr Bloomfield  
Sports Lead

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